



FALL 2010 SPECIAL CLASSES

To register for all classes listed below, call M.A.S.A. at 715- 715-443-3772 unless otherwise noted.

❖ WATER SAFETY INSTRUCTOR (WSI) AIDE CERTIFICATION:

Another aquatic challenge and certification that will teach you to be a more effective aide to WSI. Your training will include this orientation and being an aide for one each of these classes: M.A.S.A. preschool through ARC Level 6. This aide class will help you develop a “photographic eye,” necessary for a good teacher, as well as gain experience working with kids at all swimming levels.

- PREREQUISITES: 1. Minimum age is 11 years old.
 2. Must have completed ARC/M.A.S.A. Level 6 Fitness or Personal Water Safety.
- DATE: Mondays, September 27 – November 15.
- TIME: Time: 4:00-4:45 p.m.
- NOTE: Bring a swimsuit to all classes.

❖ GUARD START:

Books and certification fee = \$10.00 plus \$45.00 non-member fee if applicable
 Guard Start is a program designed to guide youth in to the A.R.C. Lifeguarding Program by building a foundation of knowledge, attitudes, and skills for future lifeguards. This foundation consists of five categories: Prevention, Fitness, Response, Leadership, and Professionalism.

- PREREQUISITES: Student must have successfully completed A.R.C./M.A.S.A. Level 5 to enroll.
 Minimum age of 11 years old, plus demonstrate the following skills:
- Swim the front crawl 25 yards continuously while breathing to the side.
 - Tread water for 1 minute using arms and legs.
 - Submerge and swim a distance of 10 feet underwater.

- NOTE: **ATTENDANCE IS REQUIRED AT ALL CLASSES FOR SUCCESSFUL COMPLETION.**
- DATES: Wednesdays, September 29 –November 17.
- TIME: 4:00-4:45 p.m.



❖ A.R.C. LIFEGUARDING:

Please call for current classes or leave your name and phone number if interested.
 Book and certification fee: M.A.S.A. Members: \$80.00 Non-Members: \$115.00

❖ A.R.C. WSI (Water Safety Instructor):

Please call for current classes or leave your name and phone number if interested.
 Books and certification fee: MASA members - \$90.00 Non-members - \$125.00

ADULT SWIM LESSONS A 6-week session of Adult Lessons will be held on Wednesdays, September 29 – November 3.

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| Daytime: | 11:00 – 12:00 | Cost to Members - Free |
| Nighttime: | 6:30 – 7:30 p.m. | Cost to Non-members - \$30.00 |

PRIVATE LESSONS: If you aren't comfortable in a structured class or if you'd like some one-on-one instruction, this option is for you! Call 715-443-3772 to see if we have available instructors.

COST: \$10/lesson. Length of each lesson = 30-45 minutes



SCUBA DIVING...Discover the Underwater World!

Scuba Diving is one of the most amazing activities in which you can participate! It has been compared to space travel, except it is much more accessible to all.

M.A.S.A. offers Scuba Diving classes for you to get the opportunity to see the underwater world

If interested in finding out more about Scuba Diving, contact Klein Scuba at 715-675-6722.

