



**WATER EXERCISE**

Monday thru Friday

January 3 – May 27  
7:45-8:30 a.m.

Free Classes  
January 3-8

Come and join this great group of people anytime!



**UPCOMING BIRTHDAYS**



January  
Lydia Hornung  
Shirley Lang  
Lee Ann Thomsen  
Roger Heise  
Arline Koehler  
Jack Thomsen

February  
Jean Knauf  
Bob Slane

March  
Patti Heil

April  
Theresa Szymanski  
Bud Joswiak  
Enola Willhite  
Gale Slane  
Roseanne Weber

May  
Lorraine Martyn  
Jan Thurs  
Phyllis Heise  
Jennifer Passehl



Free Classes  
January 4-9

**WATER AEROBICS**

January 4–May 26, 2011



SATURDAY  
Tuesday, Thursday, & Sunday  
6:30-7:15 pm

EVENINGS

January 8-May 21, 2011  
8-9 a.m.

No Classes  
Sun. Feb. 6<sup>th</sup>  
Sat. March 5<sup>th</sup>  
Sun. March 6<sup>th</sup>  
Sun. April 24<sup>th</sup>  
Sun. May 29<sup>th</sup>



**ATTENTION:**  
**ADULT WATER FITNESS ENTHUSIASTS**

This year-round incentive program will keep members motivated to stay physically active in the water.

LAP SWIMMERS can earn a \$10.00 M.A.S.A. gift certificate for each 50 miles they swim. WATER FITNESS participants can earn a \$5.00 M.A.S.A. gift certificate for every 50 times they work out a minimum of 30 minutes. For more details or to see if you are eligible, stop by the front desk.