



**MANTA RAY SWIM CLUB WINTER SEASON  
2009-10 SEASON: NOVEMBER 2 - FEBRUARY 12**

**COACHES**

Manta Rays will ....

- Learn and refine freestyle, backstroke, breaststroke, and butterfly
- Increase your endurance
- Work on starts and turns
- Swim Meets – See improvement!



**SWIM MEETS**

Meets TBA

**PREREQUISITES:**

M.A.S.A. Membership  
Swimmer must be able to swim 25 yards

**PRACTICE SCHEDULE:**

Mondays, & Wednesdays, 6:30-8 p.m.; Fridays, 4-5:30 p.m.



**FEE SCHEDULE:**

**TEAM FEES:**

\$60.00 = per swimmer

There is also a charge for each swim meet.

**NO REFUNDS – NO EXCEPTIONS**

*For further information on the Manta Rays or to register, call M.A.S.A at 443-3772.*

